

Song of Songs Introduction

Session 1 - Alex and Chelsea Lane

Why Song of Songs?

“The Holy Spirit wants to unfold this book to you as an allegory of Solomon and the Shulamite—how a king takes a ‘nobody’ and makes her into the princess bride,” (*The Sacred Journey*, 8).

Study Tips and Resources

- Don't just read the Song of Songs—PRAY it. Get the language of this book in your dialogue with the Father. Read it outloud. Talk it out with him. Ask him questions. Use the text to start a conversation.
- Keep a journal throughout this study. Write down your thoughts, questions, ideas, prayers, anything. Respond to the Lord through writing. It doesn't have to be polished. It isn't for anyone else but you and him.
- Ask the Holy Spirit to highlight verses specifically to you. Write it down. Hang it up in your house. Put it in your car. Put it on your bathroom mirror. Say it outloud to the Lord every time you see it.
- Don't get discouraged. The contents of this book are challenging. Any challenge you face through this study is an opportunity for the Lord to reveal a mystery to you.
- Get out of your box. Don't limit God and don't limit yourself.
- *The Sacred Journey* by Brian and Candice Simmons
- Mike Bickle has FREE sermons, teachings, notes, etc.
- Read chapter before each week's lesson.

About the Book

Author: King Solomon

Date: approximately 900 B.C.

Type of Literature: Poetry

Common Interpretations

Historical- Jews and Yahweh

Literal- Man and Wife

Allegorical- Christ and Church

Historical Significance

“First of all take note of the appropriateness of the name “Peaceful,” that is, Solomon, at the head of a book which opens with the token of peace, with a kiss. Take note too that by this kind of opening only men of peaceful minds, men who can achieve mastery over the turmoil of the passions and the distracting burden of daily chores, are invited to the study of this book.”

- Bernard of Clairvaux

Characters

The Shulamite - woman from Shulem, lover of the King, YOU/the Church

The King/Solomon - Jesus

Jerusalem maidens/Brides-to-be/daughters of Zion- friends of the Shulamite, they represent those who have not yet accepted the invitation for the deeper journey into intimacy with the King yet, but one day will.

Watchmen/caretakers/brothers - spiritual overseers, leaders

Plot Overview

The Song of Songs is a love story between a King and a humble, unlikely woman, the Shulamite. In this poem we will watch their relationship develop and grow. We will see the Shulamite reject the King, embrace the King, and even endure persecution for love's sake. Along the journey, we will watch as the Shulamite is transformed by love. She begins her journey as insecure, selfish, and fearful. She ends her journey as a victorious, overcoming bride that is mature in love.